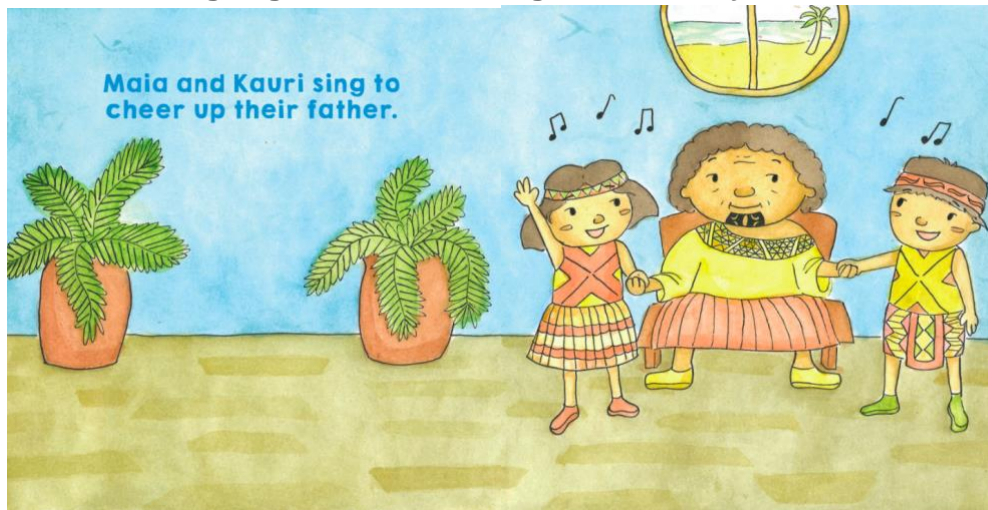


Cheer Up Activity

Language Lizard - Living in Harmony Series



Part 1: Discussion Questions

- What cheers you up when you are sad?
- What can you do to cheer your family up? Your friends?
- How does being kind cheer someone up?

Part 2: Improv Activity: Divide the students into small groups. Assign each group a slip of paper with a scenario on it, and give them a few minutes to come up with a skit that showcases how they would cheer the subject of the story up. (There are example answers at the end of this sheet).

#1: Annya is sad today. She's upset because she stepped in a puddle, and her shoes are all muddy! It's going to take her a long time to clean them up by herself. How do you cheer Annya up?

#2: Pierre is your friend from art class. He really loves to draw and paint pictures. Yesterday, Pierre fell and hurt his knee during recess. Because of this, today he can't run around and play tag like he usually does. He feels left out and sad during recess. What will you do to make him feel better?

#3: Isabela's mother is away on a business trip and she misses her a lot. She tells you that when her mom is home, they usually play fun games together. Isabela is upset and you see her after school sitting alone, looking sad. How do you make Isabella feel better?

#4: Miguel is one of your best friends and you know that he loves to tell jokes. Today, he's sad because his soccer team lost their game this morning. What can you do to cheer him up?

#5: Ivanna is usually very cheery and always dancing, but today she is sitting alone, sad because she got a bad grade on an assignment. How will you cheer Ivanna up?

Example answers (there are a lot of possibilities, these are just in case students are struggling and need to be guided towards a solution):

#1: Annya

Students can offer to help Annya clean her shoes or keep her company while she cleans them.

#2 Pierre

Students can spend their recess time with Pierre coloring or drawing to make him feel less lonely.

#3: Isabela

Students might invite Isabela over to play.

#4 Miguel

Students can make a funny joke to distract or cheer Miguel up. They could also practice soccer with him!

#5: Ivanna

Students can go dance with Ivanna or invite her to talk to them.

